

Preface

2016 2nd Chinese Youth's Health Forum -- Physiology, Psychology and Education (CYHF 2016) was held in Chiang Mai, Thailand during August 25-26, 2016. With the successful publishing and indexing of CYHF 2015, CYHF 2016 attract more attention from professors, scholars and specialists who are interested in Chinese youth's health, including physiology, psychology and education. It provided an appropriate platform for the communication of developments in Chinese youth's health research that may be beneficial to the their growth and learning and allow interactions and exchange of experiences among the relevant communities. Each paper submitted to the conference has been peer viewed by the reviewers and a total of nineteen high quality articles were selected and accepted for this publication in the end. All papers will be published and submitted by Research on Modern Higher Education to CPCI and CNKI for coverage. This book is divided into two main topics: health and education.

